

GUIDANCE AND PSYCHOLOGICAL COUNSELING UNDERGRADUATE PROGRAM

| 1st Semester | COURSE TITLE | T | U | K |
|--------------|---|----|---|----|
| | Introduction to Psychology | 3 | 0 | 3 |
| | Physiological Psychology | 3 | 0 | 3 |
| | Turkish I: Written Expression | 2 | 0 | 2 |
| | Principles of Atatürk and History of Revolution I | 2 | 0 | 2 |
| | Foreign Language I | 3 | 0 | 3 |
| | Computer I | 2 | 2 | 3 |
| | Introduction to Sociology | 2 | 0 | 2 |
| | Introduction to Philosophy | 3 | 0 | 3 |
| | Introduction to Educational Sciences | 3 | 0 | 3 |
| TOTAL | | 23 | 2 | 24 |

| 2nd Semester | COURSE TITLE | T | U | K |
|--------------|--|----|---|----|
| | Social Anthropology | 3 | 0 | 3 |
| | Turkish II: Oral Expression | 2 | 0 | 2 |
| | Principles of Atatürk and History of Revolution II | 2 | 0 | 2 |
| | Foreign Language II | 3 | 0 | 3 |
| | Computer II | 2 | 2 | 3 |
| | Developmental Psychology I | 3 | 0 | 3 |
| | Literature Review and Report Writing | 1 | 2 | 2 |
| | Philosophy of Education* | 2 | 0 | 2 |
| | History of Turkish Education* | 2 | 0 | 0 |
| TOTAL | | 20 | 4 | 22 |

| 3rd Semester | COURSE TITLE | T | U | K |
|--------------|---------------------------------------|----|---|----|
| | Guidance and Psychological Counseling | 3 | 0 | 3 |
| | Statistics I | 3 | 0 | 3 |
| | History of Science* | 3 | 0 | 3 |
| | Special Education | 3 | 0 | 3 |
| | Measurement and Evaluation | 3 | 0 | 3 |
| | Developmental Psychology II | 3 | 0 | 3 |
| | Observation in Schools | 2 | 2 | 3 |
| TOTAL | | 20 | 2 | 21 |

| 4th Semester | COURSE TITLE | T | U | K |
|--------------|--|----|---|----|
| | Non-Test Techniques | 3 | 0 | 3 |
| | Human Relations and Communication | 2 | 2 | 3 |
| | Statistics II | 3 | 0 | 3 |
| | Social Psychology | 3 | 0 | 3 |
| | Learning Psychology | 3 | 0 | 3 |
| | Principles and Methods of Instruction* | 3 | 0 | 3 |
| | Classroom Management* | 2 | 0 | 2 |
| TOTAL | | 20 | 2 | 21 |

| 5th Semester | COURSE TITLE | T | U | K |
|--------------|---|----|---|----|
| | Principles and Techniques of Psychological Counseling | 3 | 0 | 3 |
| | Life Stages and Adjustment Problems | 3 | 0 | 3 |
| | Personality Theories | 3 | 0 | 3 |
| | Career Guidance and Counseling | 3 | 0 | 3 |
| | Elective I | 3 | 0 | 3 |
| | Elective | 3 | 0 | 3 |
| TOTAL | | 18 | 0 | 18 |

| 6th Semester | COURSE TITLE | T | U | K |
|--------------|---|----|---|----|
| | Career Guidance and Counseling Practice | 1 | 4 | 3 |
| | Guidance Program Development | 3 | 0 | 3 |
| | Behavioral Disorders | 3 | 0 | 3 |
| | Psychological Counseling Theories | 3 | 0 | 3 |
| | Group Psychological Counseling | 3 | 0 | 3 |
| | Elective II | 3 | 0 | 3 |
| | Elective | 3 | 0 | 3 |
| TOTAL | | 19 | 0 | 21 |

| 7th Semester | COURSE TITLE | T | U | K |
|--------------|--|----|----|----|
| | Psychological Tests | 2 | 4 | 4 |
| | Ethical Issues and Counseling Practice | 1 | 4 | 3 |
| | Learning Disabilities | 3 | 0 | 3 |
| | Elective III | 3 | 0 | 3 |
| | Scientific Research Methods | 2 | 0 | 2 |
| | Community Service Practices | 1 | 2 | 2 |
| | Educational Management* | 3 | 0 | 3 |
| TOTAL | | 15 | 10 | 20 |

| 8th Semester | COURSE TITLE | T | U | K |
|--------------|---|----|----|----|
| | Guidance and Psychological Counseling Seminar | 2 | 2 | 3 |
| | Field Practice in Guidance and Psychological Counseling | 1 | 4 | 3 |
| | Professional Ethics and Legal Issues | 2 | 0 | 2 |
| | Institutional Experience | 1 | 4 | 3 |
| | Elective IV | 3 | 0 | 3 |
| | Elective V | 3 | 0 | 3 |
| TOTAL | | 12 | 10 | 17 |

| GRAND TOTAL | THEROTICAL | APPLICATION | CREDITS | HOURS |
|-------------|------------|-------------|---------|-------|
| | 146 | 34 | 162 | 180 |

SIVAS CUMHURİYET UNIVERSITY FACULTY OF EDUCATION GUIDANCE AND PSYCHOLOGICAL COUNSELING UNDERGRADUATE PROGRAM

COURSE DESCRIPTIONS

1st SEMESTER

Introduction to Psychology (3-0-3) Definition of psychology, history of psychology, fields of psychology (social psychology, clinical psychology, educational psychology, etc.), theories of psychology (behavioral theories, cognitive theories, existential theory, etc.), biological bases of psychology, intelligence and its theories, sensation and perception, memory, personality and its theories, abnormal behaviors, motivation, emotion, defense mechanisms.

Physiological Psychology (3-0-3) The field and research methods of physiological psychology, physiology and anatomy of the organism, mechanisms of behavior, sensory functions, motor functions and emotions, motives and physiological bases of motives, functional disorders and causes of these disorders.

Turkish I: Written Expression (2-0-2) Basic features of written language and written communication, basic differences between written language and spoken language. Expression: written and oral expression; subjective expression, objective expression; paragraph; paragraph types (introduction-body-conclusion paragraphs). Definition of text and text types (informative texts, literary texts); conditions for being a text (cohesion, coherence, intentionality, acceptability, situationality, informativity, intertextuality). Written expression (written composition: free writing, planned writing); stages of planned writing (subject, limiting the subject, purpose, point of view, determining main and supporting ideas; preparing a writing plan, paper layout); theoretical information on informative texts (petition, letter, news, decision, notice/advertisement, minutes, report, official writings, scientific writings); studies on examples and writing applications; summarizing a text and outlining a plan; correcting language and expression errors in written applications.

Atatürk's Principles and History of Turkish Revolution I (2-0-2) Concepts, definitions, definition of course methods and sources, Industrial Revolution and French Revolution, Disintegration of the Ottoman Empire (XIX. Century), Tanzimat and Islahat Edicts, I. and II. Constitutional Eras, Tripolitan and Balkan Wars, World War I, Armistice of Mudros, Wilson Principles, Paris Conference, M. Kemal's Landing in Samsun and the Situation in Anatolia, Amasya Circular, National Congresses, Opening of the Chamber of Deputies, Establishment of the GNA (Grand National Assembly) and Internal Rebellions, Law on Fundamental Organization (1921 Constitution), Establishment of the Regular Army, I. Inonu, II. Inonu, Kutahya-Eskisehir, Battle of Sakarya and the Great Offensive, treaties during the War of Independence, Treaty of Lausanne, Abolition of the Sultanate.

Foreign Language I (3-0-3) This course is designed to enable university students to use reading, speaking, listening, and writing skills in a specific activity in all kinds of academic activities they carry out in their own fields. In this course, students' linguistic and communicative competencies will be developed and their foreign language proficiency will be increased by creating interesting contexts, providing exercises to increase the fluency of the language, and showing the use of the language in real communication skills.

Computer I (2-2-3) Information technologies, basic concepts related to software and hardware, operating systems in general, word processing programs, electronic spreadsheet programs, data presentation, Internet use in education, effects of information technologies on social structure and its place in education, information systems security and related ethical concepts.

Introduction to Sociology (2-0-2) Definition of sociology, subject, scope, basic concepts in sociology, fields of study, historical development of sociology in the World and in Turkey, important sociologists in Turkey and the world, relationship of sociology with other sciences; social groups and their characteristics, method in sociology, individual-society relationship and society's effect on the individual, education from a sociological perspective, education-society-individual relationship, school as a social institution, roles and responsibilities of teacher and student from a sociological perspective, equality of opportunity in education, social mobility, status, class and stratification, culture-society and civilization relationship, current sociological study examples.

Introduction to Philosophy (3-0-3) Basic concepts related to philosophy, philosophy and science, fields of study of philosophy and its role within social sciences, main philosophical currents; examination of the views of thinkers in Turkey and the world, development of philosophical perspective, philosophy-education relationship, philosophical foundations of education and its effect on educational programs, contemporary philosophy currents.

Introduction to Educational Science (3-0-3) Basic concepts of education, relationship and functions of education with other sciences (philosophical, social, legal, psychological, economic, political foundations of education), historical development of educational science, trends in educational science in the 21st century, research methods in educational science, structure and characteristics of the Turkish National Education System, role of the teacher in the education system, characteristics of the teaching profession, practices and developments in the field of teacher training.

2nd SEMESTER

Social Anthropology (3-0-3) Field and branches of anthropology, research methods of anthropology, concept of culture and culture theories, content of culture, culture research, historical evolution of humans, cultural evolution, natural environment, production and exchange forms, differentiation and grouping, kinship, marriage and lineage, language, art and examination of other cultural theories.

Turkish II: Oral Expression (2-0-2) Basic features of spoken language and oral communication. Oral expression; basic features of speaking skills (using natural language and body language); basic principles of a good speech; basic features of a good speaker (emphasis, intonation, pause; diction etc.). Unprepared and prepared speaking; stages of prepared speaking (selection and limitation of the subject; purpose, point of view, determining main and supporting ideas, planning, writing the text; presentation of the speech). Speech types: (mutual conversations, interview, self-introduction, answering questions, celebrating an important event like new year, birth, holiday etc., giving directions, speaking on the phone, asking for a job, interviewing someone, radio and television speeches, participating in different culture, art programs as a speaker etc.). Making unprepared speeches on different subjects, studies on speech examples and oral expression practices, correcting language and expression errors in speeches.

Atatürk's Principles and History of Turkish Revolution II (2-0-2) Revolutions made in the political field, political parties and attempts to transition to multi-party political life, revolutions made in the field of law, regulation of social life, innovations made in the economic field. 1923-1938 Period Turkish foreign policy, Turkish foreign policy after Atatürk, Principles of the Turkish Revolution: (Republicanism, Populism, Secularism, Revolutionism, Statism, Nationalism). Complementary principles.

Foreign Language II (3-0-3) This course is designed to enable university students to use reading, speaking, listening, and writing skills in a specific activity in all kinds of academic activities they carry out in their own fields. In this course, it should be aimed to raise the knowledge and skills acquired by students in the "Foreign Language I" course to a higher level. While doing this, care should be taken to create interesting contexts, to do exercises that increase the fluency of the language, to use the language in real communication skills, and thus to increase the students' linguistic and communicative competencies and foreign language proficiency.

Computer II (2-2-3) Basic concepts related to computer-aided education, its elements, theoretical foundations, benefits and limitations, application methods, common formats used in computer-aided instruction, evaluation and selection of course software, distance education applications, database applications, negative effects of computers and the internet on children/youth and prevention thereof .

Developmental Psychology I (3-0-3) Basic concepts and principles related to development, development theories, development periods, physical, cognitive, personality and moral development of childhood period, parent-child interaction, behavioral and adjustment problems seen in children .

Literature Review and Report Writing (1-2-2) Recognizing library systems, scanning the internet and electronic databases to access resources, homework and report writing rules .

Philosophy of Education (2-0-2) Relationship between philosophy and education, definition of philosophy of education, basic philosophical currents affecting education (idealism, realism, pragmatism, and existentialism), philosophy of education currents (perennialism, essentialism, progressivism, reconstructionism, existentialism, constructivism), effects of philosophy of education currents on the Republic of Turkey education system, philosophy of education and contemporary education systems .

History of Turkish Education (2-0-2) Importance of the history of Turkish education in terms of the phenomenon of education. State of education before the Republic and teacher training institutions. Turkish Education Revolution 1: Historical background, philosophical, intellectual, and political foundations of the revolution. Turkish Education Revolution 2: Law on Unification of Education (Tevhid-i Tedrisat): historical foundations, scope, implementation, and importance; secularization in the Turkish education system. Turkish Education Revolution 3: Co-education and education of girls, Alphabet Revolution, public schools (millet mektepleri), community centers (halk evleri). Basic principles upon which the Republic of Turkey education system is based. Village Institutes, Education Institutes, and Higher Teacher Schools. Universities and teacher training. Recent developments in the field of Turkish education.

3rd SEMESTER

Guidance and Psychological Counseling (3-0-3) Basic concepts and principles regarding psychological counseling and guidance, history, field and branches of psychological counseling and guidance, research and evaluation methods used, psychological counseling process, psychological counseling theories, ethical and legal issues in psychological counseling and guidance .

Statistics I (3-0-3) Basic concepts related to statistics, organization of data, descriptive statistics, probability calculations and distributions, applications in statistical package programs .

History of Science (3-0-3) Evolution of science since ancient Near Eastern civilizations. Science in Ionian-Hellenic, Islamic-Turkish (Arab, Khorasan, Seljuk, Andalusian, Ottoman) periods. Development of Astronomy, Mathematics, Physics, Medicine, Biology etc. science branches in the "West" during these periods and since the Renaissance. 20th-century scientific and technological revolutions.

Special Education (3-0-3) Definition of special education, basic principles related to special education, causes constituting disability, importance of early diagnosis and treatment, historical approach to disability, characteristics and education of intellectually disabled, hearing impaired, visually impaired, physically disabled children, children with speech and communication disorders, children with chronic illnesses, children showing special learning difficulties, children with attention deficit and hyperactivity disorder, autistic and gifted children, education of differently developing children through play, reactions observed in families of children in need of special education, status of special education in our country, institutions and organizations established for this purpose .

Measurement and Evaluation (3-0-3) Place and importance of measurement and evaluation in education, basic concepts related to measurement and evaluation, qualities required in measurement tools (reliability, validity, usability), measurement tools used in education and their properties, tools based on traditional approaches (written exams, short-answer exams, true-false type tests, multiple-choice tests, matching tests, oral quizzes, homework), tools aimed at recognizing the student in a versatile way (observation, interview, performance assessment, student portfolio, research papers, research projects, peer assessment, self-assessment, attitude scales), basic statistical operations performed on measurement results, evaluating learning outcomes, grading, developing measurement tools related to the field .

Developmental Psychology II (3-0-3) Basic features of adolescence period, physical, cognitive, personality and moral development of adolescence period, adolescence period problems and ways of coping with them .

Observation in Schools (2-2-3) Observation and evaluation of the organization, personnel, implementation status, place within the educational organization, and functioning of guidance services in primary and secondary schools. Observation of student behaviors in terms of guidance principles and concepts.

4th SEMESTER

Non-Test Techniques (3-0-3) Non-test self-report techniques such as interview, questionnaire, information gathering cards, checklists, time schedule, autobiography; and developing, applying, and conducting validity and reliability studies of observational techniques such as observation, rating scale, sociometry, "guess who", and situational tests such as case study and case record .

Human Relations and Communication (2-2-3) Definition of interpersonal communication; communication model, communication elements and characteristics, effective listening and feedback, factors preventing interpersonal communication (source, channel, receiver, etc.), factors facilitating communication, role and use of emotions in communication, conflict in communication and its prevention, important points to be considered in student, teacher, parent communication, communication applications .

Statistics II (3-0-3) Hypothesis tests, correlation, regression, significance tests, analysis of variance and applications in statistical package programs .

Social Psychology (3-0-3) Field and research methods of social psychology, social perception and social cognition, theoretical approaches regarding attitudes and attitude change, psychological processes affecting social behavior, social influence and conformity, group dynamics, interpersonal relations .

Psychology of Learning (3-0-3) Basic concepts and principles related to learning, factors affecting learning, learning theories , effective learning methods and techniques.

Teaching Principles and Methods (3-0-3) Basic concepts related to teaching, learning and teaching principles, importance and benefits of planned work in teaching, planning of teaching (unitized annual plan, daily plan and activity examples), learning and teaching strategies, teaching methods and techniques, their relationship with practice, teaching tools and materials, duties and responsibilities of the teacher in increasing the quality of teaching service, teacher competencies .

Classroom Management (2-0-2) Basic concepts related to classroom management, communication and interaction in the classroom, definition of classroom management, different aspects and features of the concept of classroom management from maintaining discipline in the classroom, in-class and out-of-class factors affecting the classroom environment, classroom management models, developing and applying rules in the classroom, arranging the classroom physically, management of undesirable behaviors in the classroom, time management in the classroom, classroom organization, creating a positive classroom environment suitable for learning (examples and suggestions)

5th SEMESTER

Psychological Counseling Principles and Techniques (3-0-3) Psychological counseling principles, psychological counseling process and stages, basic psychological counseling skills and techniques, sample applications of these basic skills and techniques.

Life Stages and Adjustment Problems (3-0-3) Characteristics of infancy, childhood, adolescence, young adulthood, middle age and old age development periods, adjustment problems and ways of coping with these problems .

Personality Theories (3-0-3) Basic concepts related to personality, development of personality, adjustment and mental health, characteristics and comparison of personality theories, associating personality theories with field applications .

Vocational Guidance and Counseling (3-0-3) Basic concepts and principles related to vocational guidance and counseling, career development theories, measurement tools used in vocational guidance and counseling, computer-aided vocational guidance and counseling, vocational guidance and counseling programs .

6th SEMESTER

Vocational Guidance and Counseling Practice (1-4-3) Applying and evaluating measurement tools used in vocational guidance and counseling, preparing and implementing career development programs, conducting individual and group vocational guidance and counseling .

Program Development in Guidance (3-0-3) Structure, process, time planning and use of resources of guidance programs at primary, secondary and higher education levels, creating and implementing sample activity and trial programs .

Behavioral Disorders (3-0-3) Definition and causes of behavioral disorders according to different theories, classical classification and current DSM diagnostic criteria ; behavioral disorders according to DSM diagnostic criteria and intervention methods.

Psychological Counseling Theories (3-0-3) Basic psychological counseling theories and approaches, concepts, principles and techniques forming the basis of these theories and approaches, reflections of theories on psychological counseling and new orientations .

Group Psychological Counseling (3-0-3) Basic concepts and principles related to group psychological counseling, group psychological counseling process, group psychological counseling skills and techniques, stages of the group, working with groups oriented towards different problems and age periods .

7th SEMESTER

Psychological Tests (2-4-4) Basic concepts and principles regarding psychological tests, individual and group intelligence tests, achievement, aptitude and personality tests, interest inventories, application and evaluation of some tests and inventories .

Individual Counseling Practice (1-4-3) Conducting individual psychological counseling using basic psychological counseling skills and techniques under supervision .

Learning Disabilities (3-0-3) Definition of learning disability, classification of learning disabilities, causes, distinguishing in the classroom environment, arrangement of educational environment, guidance and psychological counseling methods and techniques for students with learning disabilities, their families, and teachers .

Scientific Research Methods (2-0-2) Science and basic concepts (fact, knowledge, absolute, true, false, universal knowledge etc.), basic information regarding history of science, structure of scientific research, scientific methods and different views regarding these methods, problem, research model, universe and sample, collection of data and data collection methods (quantitative and qualitative data collection techniques), recording, analysis, interpretation and reporting of data .

Community Service Practices (1-2-2) In the light of experiential learning philosophy, determining current problems of society and preparing projects aimed at producing solutions ; participating in scientific activities such as panels, conferences, congresses, symposiums as an audience, speaker or organizer, taking part in various projects as a volunteer within the framework of social responsibility.

Educational Administration (3-0-3) Basic concepts related to educational administration, administrative processes, organization and organization types, organizational culture and climate, leadership theories .

8th SEMESTER

Guidance and Psychological Counseling Seminar (2-2-3) Students preparing and presenting comprehensive projects on subjects they choose from the field of psychological counseling and guidance according to their interests and needs .

Field Work in Guidance and Psychological Counseling (1-4-3) Examining educational, vocational, personal guidance activities in pre-school, primary and secondary schools, applying and interpreting test and non-test techniques, developing and applying group guidance programs on various subjects .

Professional Ethics and Legal Issues (2-0-2) Ethical principles and general practice standards in the field of psychological counseling and guidance, decision making in accordance with professional ethics, client rights and responsibilities of the psychological counselor, legal problems .

Institution Experience (1-4-3) Gaining psychological counseling and guidance experience in psychological counseling and guidance units of various institutions and organizations (education, health and industry) .